

First Penance

Sign of the Cross: In the name of the Father.....

Priest: May God the Father who loves you help you to know your sins.

Child: **Amen**

Bless me Father for I have sinned.

This is my First Confession.

I didn't love God when

For these and all my other sins, I am very sorry.



Act of Sorrow

Oh my God, I thank you for loving me.

I am sorry for all my sins,

For not loving others and not loving you.

Help me to live like Jesus and not sin again.

Amen.

Priest: I absolve you from your sins.

Give thanks to the Lord for he is good.

Child: **Amen**

Priest: Go in peace to live like Jesus.

Child: **Amen**

Sign of the Cross: In the name of the Father.....

